



What makes Life Code Matrix a unique program?

TIME EFFICIENT

The Life Code Matrix program with a qualified Matrix Navigator takes around 6 hours over two half days. The potential effects are long lasting and have a powerful impact both personally and professionally.

ENJOYABLE

It is not emotions based, painful or self-deprecating. Participants report that they thoroughly enjoy the process and leave feeling wonderfully positive about themselves and their life.

A GOOD RETURN ON INVESTMENT

Participants experience an immediate strengthening of their identity which impacts on their effectiveness and productivity no matter what they do in their work situation.

NO ONGOING COACHING OR MENTORING

Ongoing mentoring or coaching is appreciated but it is not essential or required to achieve the full benefit of Life Code Matrix.

UNIQUE OUTCOME

Unlike other programs that fit people into specific categories and type, Life Code Matrix expands on the individual uniqueness of each person and deepens their personal power and therefore personal responsibility for all aspects of their lives.

NOT POSITIVE PSYCHOLOGY OR OPTIMISTIC THINKING

There is no effort involved in being ourselves; in being authentically who we are. It is more about recognition and ownership and the relief of letting go of other people's expectations. This is the experience of discovering your identity through Life Code Matrix.

INTRINSIC MOTIVATION

Life Code Matrix can be used to create sustainable change. It promotes a healthy approach to all areas of life and integrates all the different parts of the self which in turn gives more focus and energy to participants to bring to the workplace. (93% of people in the research program who did the process felt it had a positive impact in relation to their sense of well-being).